

## Step by Step: Behavior Planning Cycle

### Referral

- Interview referral source- identify central concerns, age, relevant diagnostic issues, and list of who to interview in assessment process.
- Obtain any necessary releases of information
- If appropriate, notify family.

### Behavior Assessment: Identify Behaviors of Concern AND Person Centered Needs

- Meet individual, conduct client interview, interaction and/or observation
- Conduct caregiver, staff, professionals, and family interviews
- Review records and charts
- Implement data tracking as needed

### Match Summary Statement to Support Strategies

- Analyze Behavior Assessment information and data to determine Summary Statement: 1) Behavior of Concern clearly defined, 2) When, where, how, what happens, 3) Meaning or reason the Behavior of Concern occurs
- Develop and identify Pro-active and Re-active Support Strategies to address the reasons or "why" the Behavior of Concern occurs
- Develop and identify strengths, important activity patterns, balance (to/for) issues, and how we should respond to personal needs for the Person Centered Information of the Behavior Plan

### Check it out for Contextual Fit

- Review all proposed Support Strategies with referral source, other staff or caregivers, and family to give feedback on draft Behavior Plan
- Modify draft Behavior Plan as appropriate



## Step by Step: Behavior Planning Cycle

### Behavior Plan

- Record Person Centered Information- quality of life, positive communication, interaction strategies, social opportunities, activities and essential routines
- Provide comprehensive Balance Information- important to and important for
- List Behavior of Concerns along with reasons they occur and/or what needs are being communicated through them
- List Pro-active (preventative) and Re-active (diffusing) Strategies

### Implement the Plan

- Develop training plan with referral source and/or Administration
- Provide training to caregivers, administration, and others
- Share Person Centered Information before specific Behavior Plan strategies

### Review: What's working and What's not working

- When training activities are finished, determine when the Behavior Consultant will review the Plan to determine effectiveness or needed modification
- Conduct review through observation, interviews, and records
- Provide recommendations for modification and/or continuation

### Modify

- Continue Behavior Plan components that are working well
- Implement small Behavior Plan changes through a revised Behavior Plan. Share revised Behavior Plan with Administrator. Provide training on revisions as requested by Administrator.
- If the Behavior Plan is not working in part or whole\*, return to the Behavior Assessment step and conduct a thorough assessment to a final new Behavior Plan and training.
- \*The Behavior Plan may not work due to several factors- 1) initial Behavior Assessment overlooked vital information, 2) Summary Statement needs further analysis of reasons why behavior occurs, 3) Behaviors of Concern have evolved with change of health or functioning ability of individual, and/or 4) initial training was insufficient to bring change in caregiver behavior.

